

# LEVEL II FAK



A Level II FAK in a medical roll configuration that provides a deep level of medical capability for groups in a remote austere environment

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# LEVEL II FAK CONTENTS LIST

## Packaging

- Blackhawk Medic Roll
- ALOKSAK Bags
- Small Zip Lock Bags
- Small Pill Vials

### OPTIONAL

Vacuum Bagging  
Medical Supplies

## Emergency Module

- CPR Mask
- Gloves
- Aspirin
- Glucose Tabs
- Benadryl
- Pepcid

## Dental Module

- Dental Floss
- Dental Mirror
- Dental Wax
- Dent Temp
- Oil of Cloves
- Zilactin
- Tea Bag
- 2x2 gauze
- Q-Tip

## Instrument Module

- Headlamp
- Fresnel Lens
- Scissor
- Hemostat
- Splinter Tweezers
- Sharp Tweezers
- Disposable Scalpel
- Emory Board
- Large Nail Clip
- Large Safety Pins
- Single Edge Razor
- Razor Knife (optional)
- 18ga Needle (optional)

## Wound Module

- 20cc Irrigating Syringe
- Irrigating Tip / Zerowet
- Band-Aid Pack
  - o 1/2 Band-Aid
  - o 3/4 Band-Aid
  - o 2" Band-Aid
  - o Knuckle Wrap
- Steri-Strip
- Butterfly Tape
- Duct Tape
- Adhesive Tape
- Tegaderm
- Moleskin
- Blister Pads
- 4x4 Gauze Pads
- Roller Gauze
- Trauma Pad
- Liquid Bandage
- Non-Adherent Pad
- OPTIONAL SUPPLIES**
- 4-0 Nylon Suture
- Quick Clot Gauze
- Cyanoacrylate Glue

## Eye Module

- Eye Cup
- Eye Wash

## Musculoskeletal Module

- SAM Splint (large)
- SAM Splint (small)
- ACE Wrap (3")
- Triangular Bandage
- Self-Adherent Roller Dressing

## PPE Module

- Gloves
- Wet Wipes
- Hand Gel Sanitizer

## ADMIN Module

- Waterproof Paper
- Pen
- Empty Medication Bags
- Empty 2x4 Zip Lock Bags

## Pharmacy Module (OTC)

### Pain / Fever Meds

- Tylenol
- Ibuprofen
- Aspirin

### OPTIONAL RX MEDS

- Oxycodone 5mg
- Vicodin

### Allergy Meds

- Claritin
- 1% Hydrocortisone Cream

### GI Meds

- Imodium
- Pepto-Bismol
- Pepcid

### OPTIONAL RX MEDS

- Phenergan

### Comfort Meds

- Lip Balm

### Misc Supplies

- Alcohol Pad
- Betadine Pad
- Sting-Ezee Pad
- Benzoin Ampoule

### Antibiotic Meds

- Triple Antibiotic Ointment



## Instrument Module

- Headlamp REI
- Fresnel Lens REI
- Scissor REI / Drug Store
- Hemostat REI / Drug Store
- Splinter Tweezers REI / Drug Store
- Sharp Tweezers REI / Drug Store
- Disposable Scalpel Online Medical Supply
- Emory Board Drug Store
- Large Nail Clip Drug Store
- Large Safety Pins Fabric Store
- Single Edge Razor Hardware Store
- Razor Knife (optional) County Comm
- 18ga Needle (optional) Online Medical Supply



## Emergency Module

- CPR Mask REI
- Gloves Hardware Store
- Aspirin Drug Store
- Glucose Tabs Drug Store
- Benadryl Drug Store
- Pepcid Drug Store



## Wound Module

- 20cc Irrigating Syringe REI / Online Medical Supply
- Irrigating Tip or Zerowet Online Medical Supply
- Band-Aid Pack Drug Store
  - o 1/2 Band-Aid
  - o 3/4 Band-Aid
  - o 2" Band-Aid
  - o Knuckle Wrap
- Steri-Strip Drug Store
- Butterfly Tape Drug Store
- Duct Tape Hardware Store
- Adhesive Tape Drug Store
- Tegaderm Drug Store
- Moleskin REI / Drug Store
- Blister Pads REI / Drug Store
- 4x4 Gauze Pads Drug Store
- Roller Gauze Drug Store
- Trauma Pad Drug Store
- Liquid Bandage Drug Store
- Non-Adherent Pad Drug Store
- OPTIONAL**
- 4-0 Nylon Suture REI / Online Medical Supply
- Quick Clot Gauze REI
- Cyanoacrylate Glue Hardware Store



## Dental Module

- Dental Floss Drug Store
- Dental Mirror Drug Store
- Dental Wax Drug Store
- Dent Temp Drug Store
- Oil of Cloves Drug Store
- Zilactin Drug Store
- Tea Bag Grocery Store
- 2x2 gauze Drug Store
- Q-Tip Drug Store



## Eye Module

- Eye Cup
- Eye Wash

Drug Store  
Drug Store



## Musculoskeletal Module

- SAM Splint (large)
- SAM Splint (small)
- ACE Wrap (3")
- Triangular Bandage
- Self-Adherent Roller Dressing

REI  
REI  
Drug Store  
REI  
REI / Drug Store / Farm Supply



## PPE (Personal Protection Equipment) Module

- Gloves
- Wet Wipes
- Hand Gel Sanitizer

Drug Store  
Drug Store  
Drug Store



## ADMIN Module

- Waterproof Paper
- Pen
- Empty Medication Bags
- Empty 2x4 Zip Lock Bags

REI  
Drug Store  
Drug Store  
Drug Store

## Pharmacy Module



**OTC MEDICATIONS  
PACK #1**

**ASPIRIN CHEST PAIN**  
Acetylsalicylic acid 325mg  
\* NOT FOR CHILDREN / TEENAGERS \*  
1 Tab by mouth for chest pain **#8**

**BENADRYL ALLERGY / SLEEP**  
Diphenhydramine 25mg  
1-2 Tab by mouth every 4-6 hours **#12**

**PEPCID ACID REFLUX / ALLERGY**  
Famotidine 20m  
1 Tab by mouth every day **#10**

**IMODIUM DIARRHEA**  
Loperamide 2mg  
2 Tab by mouth after loose stool - then -  
1 Tab by mouth after subsequent loose stool  
Dosing not to exceed 8mg / day **#12**

**CLARITIN SEASONAL ALLERGIES**  
Loratidine 10mg  
1-2 Tab by mouth every 4-6 hours **#12**

**PEPTO-BISMOL CHEW TAB**  
**GI UPSET / NAUSEA  
DIARRHEA / GAS**  
Bismuth subsalicylate 262mg  
\* NOT FOR CHILDREN / TEENAGERS \*  
2 Tab by mouth every ½ - 1 hours  
Dosing not to exceed 16 Tab /day **#12**

\* **WARNING: REYE'S SYNDROME** - Children and teenagers who have or are recovering from chicken pox or flulike symptoms should not use aspirin products. Reye's syndrome is a rare but serious illness.

**OTC MEDICATIONS  
PACK #2**

**TYLENOL FEVER / PAIN**  
Acetaminophen 500mg  
2 Tab by mouth every 4-6 hours **#18**

**IBUPROFEN FEVER / PAIN**  
Ibuprofen 200mg  
2-4 Tab by mouth every 6-8 hours **#24**

**ORAL HYDRATION SALTS**  
**DEHYDRATION / DIARRHEA**  
Mix packet in 1 Liter clean water  
ADULT - drink over 2-4 hours  
CHILDREN - drink over 8-24 hours **#2**

**BURN JEL MINOR BURNS**  
2% Lidocaine Jelly  
Apply thin layer to affected area  
Dosing not to exceed 2-3 times / day **#3**

**STING RELIEF INSECT BITE / STINGER  
MINOR BURNS / SCRAPES**  
Benzocaine 6%  
Apply thin layer to affected area  
Dosing not to exceed 2-3 times / day **#4**

**HYDROCORTISONE CREAM**  
**ITCHING / SKIN RASH**  
Hydrocortisone 1%  
Apply thin layer to affected area  
Dosing not to exceed 2-3 times / day **#9**

**PRESCRIPTION  
MEDICATIONS**

**PERCOCET PAIN**  
Oxycodone / Acetaminophen (5/325)  
1-2 Tab by mouth every 4-6 hours **#10**

**VICODIN PAIN**  
Hydrocodone / Acetaminophen (5/500)  
1-2 Tab by mouth every 4-6 hours **#9**

**PHENERGAN NAUSEA•VOMITING**  
Promethazine 25mg  
1 Tab by mouth every 4-6 hours **#6**